

Hair loss in men – effect on emotional state

Men accept baldness the other way in comparison to women. Some men seek help and use different hair loss treatments available now. Others do not pay much attention to this problem. Some of the males think

that this condition makes them be more brutal and sexy.



According to the reports of men with the problem, most men, who have a history of hair loss, deal with it better and more easier than those who do not have a history of genetic baldness. Hair loss often introduces the mature age of a man. Men often say that thinning and losing hair means the end of the young years. Some men feel indignity from others due to their baldness. Such men frequently have low self-esteem and fears of being ridiculed. The problem may result in social isolation of a man, problems in family and at work. Men suffering from hair loss often experience stress, anxiety, mood changes and depressive states. Special studies have shown that males with baldness are inclined to get more physical exercises to look attractive and fit. They tend to wear clothes which are eye-catching and use perfume.